**Books**

**Theories of Race and Ethnicity**  
By: Karim Murji  
Provides a comprehensive and cutting-edge collection of theoretically grounded and empirically informed essays

**Why I’m No Longer Talking to White People About Race**  
By: Reni eddo-lobby  
A searing, illuminating, absolutely necessary exploration of what it is to be a person of color in Britain

**Becoming**  
By: Michelle Obama  
The former US first lady talks intimately about her roots, how she found her voice and her time in the White House and the public eye

**Invisible Man by Ralph Ellison**  
By: Ralph Ellison  
Addresses many of the social and intellectual issues faced by the African Americans in the early twentieth century

**The Bluest Eye**  
By: Toni Morrison  
Asks powerful questions about race, class and gender in a subtle way

**The Lies That Bind: Rethinking Identity**  
By: Kwame Anthony Appiah  
An incandescent exploration of the nature and history of the identities that define us. It challenges our assumptions about how identities work

**Superior: The Return of Race Science**  
By: Angela Saini  
The disturbing story of the persistent thread of belief in biological racial differences in the world of science
RESOURCE GUIDE
Ethnic & racial diversity

Books

Between the World and Me
By: Ta-Nehisi Coates
Bold and personal literary exploration of America’s racial history

Where the Crawdads Sing
By: Delia Owens
Two intertwining stories that delve into racial and social division alongside the fragile complexities of nature

There, There
By: Tommy Orange
A relentlessly paced multigenerational story about violence and recovery, memory and identity, and the beauty and despair woven into the history of a nation and its people

A Dream Called Home: A Memoir
By Reyna Grande
The story of Reyna's pursuit to become the first in her family to earn a college degree and to find her place and a home in her adoptive country

Podcasts & TED talks

Daily Show’s Hasan Minaj says his life is like biryani (podcast)
By: The Sporkful
The comedian finds deep meaning in his favorite cereal and lives the same way he eats his biryani - pulling out the good bits and pushing the weird stuff to the side. Great discussion about being a third-culture kid

When White People Say 'Plantation' (podcast)
By: The Sporkful
The word plantation pops up in a lot in the food world but it's not a culinary term. It doesn't indicate certain spices or cooking methods. What are white people in food who use this word trying to evoke?

A Trip to the Negro Leagues Museum (podcast)
By: The Lead
The Negro Leagues celebrated a 100th anniversary in February. This episode explores how Negro Leagues players were like rock stars in their communities, and the stories of women who played in the Negro Leagues against the men
Podcasts & TED Talks

A Letter From Young Asian Americans to their Parents, about Black Lives Matter (podcast)
By: Code Switch
The day after the police shooting of Philando Castile, hundreds of young Asian Americans connected online to write an open letter to their parents, grandparents, aunts, and uncles, asking them to support movements like Black Lives Matter.

Our Homeland is Each Other (podcast)
By: Code Switch
This week, we're handing the mic over to transracial adoptees. They told us what they think is missing from mainstream narratives about adoption, and how being an adoptee is an identity unto itself.

An Interview with Ivy Queen, Reggaeton Pioneer (podcast)
By: Alt Latino
Ivy Queen was part of the birth of reggaeton and established a feminist perspective in a male-dominated industry.

Digging Into 'American Dirt' (podcast)
By: Latino USA
The novel 'American Dirt' was released this January with much anticipation. Oprah selected it to be part of her book club, writer Don Winslow called it, "a Grapes of Wrath for our times" and celebrated Latina author Sandra Cisneros called it "the great novel of Las Americas." But its release was met with large backlash. Many Latinx writers felt the book furthered a stereotypical view of migrants from Mexico and Central America.

Looking Back on a 'Decade of Fire' (podcast)
By: Latino USA
In the 1970s, a string of devastating fires would help make the South Bronx a symbol of urban decay. The documentary "Decade of Fire" analyzes how the city, state, and federal governments abandoned the Bronx in the 1970s and how despite the fact that Black and Latino residents suffered the most, they were also the ones blamed for this catastrophe.

Say Fuera to Mind Traps! (podcast)
By: Tamarindo
On this episode, the hosts break down some of the most common mind traps or what they call "trampas." They discuss the negative thought patterns that hold us back and what we can do when we catch ourselves in these spirals to release our inner Cabrona (or Cabronx).
Podcasts & TED Talks

Asian-Americans Talk About Racism, and We Listen (podcast)
By: Still Processing
After witnessing an awful instance of anti-Asian racism at the movie theater, the hosts couldn't stop thinking about how this type of racism is rampant in American culture, both on and off screen. At first the hosts wanted to talk about it, but then decided to listen.

The Danger of a Single Story (Ted Talk)
By: Chimamanda Ngozi Adichie
The single story creates stereotypes, and the problem with stereotypes is not that they are untrue, but that they are incomplete. They make one story become the only story.

My Identity is My Superpower, Not an Obstacle (Ted Talk)
By: America Ferrera
Hollywood needs to stop resisting what the world actually looks like, says actor, director and activist America Ferrera. Tracing the contours of her career, she calls for more authentic representation of different cultures in media -- and a shift in how we tell our stories.

How to Deconstruct Racism (Ted Talk)
By: Baratunde Thurston
Explores the phenomenon of white Americans calling the police on black Americans who have committed the crimes of...eating, walking, or generally living while black. In this profound, thought-provoking and often hilarious talk, Thurston reveals the power of language to change stories of trauma into stories on healing – while challenging us all to level up.

Why It’s So Hard to Talk About the N-word (Ted Talk)
By: Elizabeth Stordeur Pryor
A thoughtful and history-backed examination of one of the most divisive words in the English language: the N-word. Reflections on our points of encounter with the word can help promote productive discussions and, ultimately, create a framework that reshapes education around the complicated history of racism in the US.

Color Blind or Color Brave? (Ted Talk)
By: Mellody Hobson
The subject of race can be very touchy. That’s exactly why we need to start thinking about it. In this engaging, persuasive talk, Hobson makes the case that speaking openly about race – and particularly about diversity in hiring -- makes for better business.
RESOURCE GUIDE
Ethnic & racial diversity

Films & Television

Pariah (Film)
Showcases the bare the complex intersectionality of racism in the U.S. “The movie tells the story of Alike, a young teenage girl living in Brooklyn dealing with the reality of being a gay black woman in her relatively conservative environment.

Nappily Ever After (Film)
Tells an empowering story about Violet Jones, a successful executive who has dedicated her life to striving for perfection. But once her work and love life begin to go awry, she decides to shave her head, embracing her natural beauty and setting out to focus on other aspects of life beyond superficiality.

The Joy Luck Club (Film)
A real insight into the experience of many immigrants and first generation Americans who find themselves torn between being American and also being identified racially as other in white America.

The Big Sick (Film)
Depicts the various micro-aggressions and racial stereotyping after 9/11 from a South Asian immigrant experience.

The Namesake (Film)
After moving from Calcutta to New York, members of the Ganguli family maintain a delicate balancing act between honoring the traditions of their native India and blending into American culture. Although parents Ashoke and Ashima are proud of the sacrifices they make to give their offspring opportunities, their son Gogol strives to forge his own identity without forgetting his heritage.

Fruitvale Station (Film)
Depicts the story of Oscar Grant III, a 22-year-old from Hayward, California, and his experiences on the last day of his life, before he was fatally shot by BART Police in the early morning hours of New Year’s Day 2009.

Gentefied (Television)
Follows the story of three Mexican-American cousins and their struggle to chase the American Dream, even while that same dream threatens the things they hold most dear: their neighborhood, their immigrant grandfather and the family taco shop.
Films & Television

Ramy (Television)
Follows a first-generation American Muslim who is on a spiritual journey in his politically divided New Jersey neighborhood. It explores the challenges of what it is like being caught between an Egyptian community that thinks life is a moral test, and a generation that thinks life has no consequences.

The Blind Side (Film)
Michael Oher (Quinton Aaron), a homeless black teen, has drifted in and out of the school system for years. Then Leigh Anne Tuohy (Sandra Bullock) and her husband, Sean (Tim McGraw), take him in. The Tuohys eventually become Michael's legal guardians, transforming both his life and theirs.

If Beale Street Could Talk (Film)
A daughter and wife-to-be, Tish vividly recalls the passion, respect and trust that have connected her and her artist fiancé Alonzo Hunt, who goes by the nickname Fonny (Stephan James). Friends since childhood, the devoted couple dream of a future together but their plans are derailed when Fonny is arrested for a crime he did not commit.

Beatriz At Dinner (Film)
Explores racial tensions and race relations at a dinner party held by rich white people for rich white people, that also ends up being host to a Mexican practitioner of holistic medicine. The film shines an unflinching light at white privilege.

Hidden Figures (Film)
Dorothy Vaughan, Mary Jackson, and Katherine Gobels Johnson crossed all gender, race, and professional lines while their brilliance and desire to dream big, beyond anything ever accomplished before by the human race, firmly cemented them in U.S. history as true American heroes.
What’s the Difference Between Race and Ethnicity?
By: Oprah Life Magazine
Discusses the differences between race and ethnicity and why these distinctions are important.

Coronavirus Stigma Fact Sheet
By: Seattle & King County Public Health
Provides clarity and information on how viruses don’t discriminate and so neither should we.

Stop the Spread of Racism
By: Chinese Canadian National Council for Social Justice
A video on the growing Xenophobia, Racism, and Stigma. Note: no captions are available.

Why Pandemics Activate Xenophobia
By: Vox
Discusses how the Coronavirus is much more than a public health problem.

Coronavirus Fears Show How Model Minority Asian Americans Become the Yellow Peril
By: NBC
While viruses and other pathogens do not discriminate between hosts based on race, ethnicity, nationality or immigration status-stigma and misinformation certainly do.

As Coronavirus Spreads, So Does Xenophobia and Anti-Asian Racism
By: Time
Since the outbreak of Coronavirus, several accounts of racism and xenophobia geared towards people of Asian descent have been reported and documented on social media.